

# Ambulatory Blood Pressure Monitoring Patient Instructions

## INSTRUCTIONS

- Please be advised you must return to Clinpath after 24 hours and 15 minutes to have the monitor removed.
- You are unable to shower whilst the device is on and you will be required to wear loose fitting clothing.
- If you are on Anticoagulant therapy, have a history of bruising or are pregnant it is not advised you proceed with this test.

## NOTES

Please note this test takes approximately 40 minutes, 10 minutes to fit and 30 minutes to ensure the first reading/inflation takes place.

Please note this test incurs a fee of \$95 unless you have a DVA (Department of Veterans Affairs) card.

For any further information or questions please don't hesitate to contact our Client Services team on **(08) 8366 2000**

**Please remember to bring your pathology request form with you on the day of the appointment.**